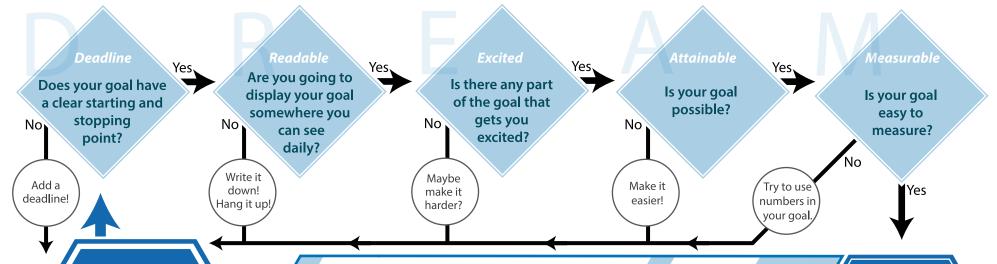


Make Your Dreams Come True





Set a **DREAM** Goal

Great! Now set a new goal. If your new goal is dealing with a similar subject as previous goal, be sure to make it more challenging this time.

Great! Now slightly revise your goal and try again.

Maybe make it less challenging this time.

100%

Better

than 50%

How did you do on your

goal?

Congratulations! You've set a great goal! After your deadline, return to this flow chart and continue here.

That's okay! Goals are all about trying again and again. Let's keep going! Try the same goal again, but this time, make it easier, or set a longer time frame.

Worse than 50%

DREAM Making Your Dreams GOALS Come True

Deadline

There should be an official starting time and ending time for the goal. If the time frame is missing, then your goal could go on forever or never actually begin at all. A deadline allows you to frame your goal into a small bite-sized chunk.

Readable

Your goal should be printed or written on paper and then put in a place that you see every day. Writing down your goal is very important--it's powerful. Goals that are not written down are merely idle wishes.

Your goal should get you excited. Maybe it's such a challenging goal that you're excited about how it will feel when you'll learn and experience. If your aren't interested in your goal, get a new goal.

Attainable Impossible goals are a waste of time. Goals that are challenging are great, but they must be possible. If you get to the end of a goal and couldn't do it, no big deal--Set a new goal that is a bit more attainable.

When the deadline arrives, you want to be able to answer the question, "Did I accomplish the goal?" If you aren't sure, it probably means your goal isn't easy to measure. Using numbers in your goal tends to help with this. Instead of "Get to work early." you would write, "I will arrive at work before 6:00 am, every day this week."



DREAM Making Your Dreams GOALS Come True

Goal #1		
		Deadline
		$R_{ m eadable}$
Goal #2		Exciting
		Attainable
		Measurable
Goal #3		
		LDS Paper Toys LDSpaperToys.com